

An Introduction To Buddhism Teachings History And Practices

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AN INTRODUCTION TO BUDDHISM

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INTRODUCTION TO BUDDHISM - Tushita Meditation

teachings So Buddha is like our teacher and guide, or like a doctor who tells us what's wrong and prescribes the cure Therefore, in order to attain enlightenment, we need to study the Buddha's teachings and put them into practice as well as we can

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Introduction to Buddhism - Buddhist Council of NSW

Another(common(practice(among(Buddhists(is(taking(the(vow(to(follow(the(five(precepts(These(precepts(include(refraining(from(killing,stealing,engaging(in(sexual

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